



# April 2021

Serving children aged 2 through 21 with intensive ABA therapy in-home and our centers.

## Message from Dr. Macatee

Moving into April brings such joy and inspiration. The ability to anticipate mornings of warmth and rays of sunshine changes so many things. For one, the spring sounds of birds and crickets offer hope for a brighter day, even the sounds of laughter seem louder. In fact, sounds, smells, colors, everything spring, are “encouraging the excellence” in us. It is with renewed vigor that we move towards goals and objectives that can finally be pursued with the relied-upon guidance of our collective support system.

Our April vision is to encourage excellence. A quote that comes to mind brings home our ability to maximize excellence with the operative word being “encourage.” Robin Sharma, a spiritual and leadership author said, “The extent of your impact on the world depends on the size of your devotion to excellence.” Our staff are continuing their devotion to you and autism awareness and acceptance. This month brings new life to our centers and our in home services with fun-filled spring ideas.

Kaleidoscope is dedicated to continue this devotion to excellence and devotion to the autism community. Join me in this journey for the month of April and open your hearts and mind to continue to encourage excellence in your children, our staff and our agency.

I hope to take a few moments to be still and listen for the spring. Enjoy April and all that it brings.

Warmly,

TaraColleen Macatee, MFT, Psy.D.  
Executive Director

## Autism Awareness

The Autism Society of America has been improving the lives of all affected by autism for over 50 years and envisions a world where individuals and families living with autism are able to maximize their quality of life, are treated with the highest level of dignity, and live in a society in which their talents and skills are appreciated and valued. We provide advocacy, education, information and referral, support, and community at national, state and local levels through our strong nationwide network of Affiliates.

Founded in 1965 by Dr. Bernard Rimland, Dr. Ruth Sullivan and many other parents of children with autism, the Autism Society is the leading source of trusted and reliable information about autism.

In 1970, the Autism Society launched an ongoing nationwide effort to promote autism awareness and assure that all affected by autism are able to achieve the highest quality of life possible. In 1972, the Autism Society launched the first annual National Autistic Children's week, which evolved into Autism Acceptance Month (AAM). This April, we continue our efforts to spread awareness, promote acceptance, and ignite change.

The Autism Society recognizes that the prevalence of autism in the United States has risen from 1 in 125 children in 2010 to 1 in 59 in 2020 – recognizing this continued increase, the goal for AAM is to further increase awareness about autism signs, symptoms and opportunities through: information and referrals, events, printable and digital resources, and community partnerships with businesses and organizations dedicated to building inclusive experiences.

*KFSABA believes in Awareness AND Acceptance.  
Read more about it here:  
<https://www.autism-society.org/>*

Creating a colorful beginning.

# Autism Speaks Asked Followers on Instagram for Recommendations of Books to Read.

Here is a list of the top five.



**The Reason I Jump** - You've never read a book like *The Reason I Jump*. Written by Naoki Higashida, a very smart, very self-aware, and very charming thirteen-year-old boy with autism, it is a one-of-a-kind memoir that demonstrates how an autistic mind thinks, feels, perceives, and responds in ways few of us can imagine.

## Thinking in Pictures: My Life with Autism

- Temple Grandin, Ph.D., is a gifted animal scientist who has designed one third of all the livestock-handling facilities in the United States. She also lectures widely on autism—because Temple Grandin is autistic, a woman who thinks, feels, and experiences the world in ways that are incomprehensible to the rest of us.

## The Curious Incident of the Dog in the Night-Time

- Christopher John Francis Boone knows all the countries of the world and their capitals and every prime number up to 7,057. He relates well to animals but has no understanding of human emotions. He cannot stand to be touched. And he detests the color yellow.

This improbable story of Christopher's quest to investigate the suspicious death of a neighborhood dog makes for one of the most captivating, unusual, and widely heralded novels in recent years.

**In a Different Key: The Story of Autism** - Nearly seventy-five years ago, Donald Triplett of Forest, Mississippi, became the first child diagnosed with autism. Beginning with his family's odyssey, *In a Different Key* tells the extraordinary story of this often misunderstood condition, and of the civil rights battles waged by the families of those who have it.

**Uniquely Human: A Different Way of Seeing Autism** - Autism therapy typically focuses on ridding individuals of "autistic" symptoms such as difficulties interacting socially, problems in communicating, sensory challenges, and repetitive behavior patterns. Now Dr. Barry M. Prizant offers a new and compelling paradigm: the most successful approaches to autism don't aim at fixing a person by eliminating symptoms, but rather seeking to understand the individual's experience and what underlies the behavior.

[Read more about it here: https://www.autismspeaks.org/blog/books-about-autism](https://www.autismspeaks.org/blog/books-about-autism)

## Puzzle Piece Bookmark

### Supplies:

- Jigsaw puzzle pieces
- Poster paint or acrylic paint
- Paper clips
- Super glue or white glue
- Paintbrush
- Small piece of flower wrapping net

### How to Make It:

#### Paint the jigsaw Puzzle pieces:

1. Apply a coat of white paint and let it dry.
2. Apply a coat of your favorite color and let it dry.
3. To create the "net/dots effect", put the flower wrapping net on top of the puzzle piece and apply a coat of your chosen color. Remove the net and let it dry.
4. Glue the paperclip to the back of the painted puzzle piece and let dry.



## A Butterfly Snack

### Ingredients

- 1 ounce pretzel sticks or twists
- 4 medium bananas
- 1 medium apple
- 1/4 cup raisins, seedless



### Make your butterfly:

1. Slice the banana in half lengthwise and then in half widthwise.
2. Insert Pretzels as wings.
3. Use apple sticks as antennae.
4. Use raisins for eyes.





Established 15 years ago, Kaleidoscope has a successful history of providing services to children and adults. Kaleidoscope ABA provides evidenced based ABA therapy treatment developed and overseen by Board Certified Behavior Analysts (BCBAs). We offer center-based and home-based ABA therapy services.

*Delivered through an Exclusive Partnership with:*

**Cleveland Clinic Children's Center for Autism**



**New Jersey Autism Treatment Centers**  
Cherry Hill · Princeton Junction  
Stratford · Toms River

### **In-Home & Community Therapy**

Middlesex · Burlington · Monmouth  
Mercer · Camden · Ocean · Somerset  
Goucester · Atlantic · Hunterdon

**Phone:** 877-ABA-0399

**[www.KFSABA.org](http://www.KFSABA.org)**



[www.facebook.com/kfsaba](https://www.facebook.com/kfsaba)

## **New Jersey Family Friendly Events**

**April 20th – 10:00 AM-8:00 PM**

**Manchester Library Unicorn and Dragon Clothespin Puppets Take & Make**

<https://bit.ly/31vPir9>

**April – September (Check for daily zoo hours)**

**The Philadelphia Zoo: Big Time Life in an “Endangerous” Age Exhibit**

<https://bit.ly/31wc5TN>

**April 24th 10:00 AM-4:00 PM**

**Howell Living History Farm Potato Planting**

<https://bit.ly/31wOPa3>

**April 24th 10:00 AM-4:00 PM**

**Ocean City Boardwalk Sports Memorabilia Show**

<https://bit.ly/2PGTYYC>

## **Making Strides in New Jersey!**

We have immediate openings for ABA therapy in our Cherry Hill (limited space), Stratford, Princeton Junction, Toms River and East Brunswick Centers! Call today for a tour - 877.ABA.0399! Read more about the benefits of Center Based Therapy: <https://bit.ly/3fnQiWF>.



## **New Jersey Employee Spotlight**



Congratulations to Lorena Haberern in our Cherry Hill New Jersey Center! She recently passed her board exam and is officially a BCBA! We are so fortunate to have Lorena on our Kaleidoscope team and we look forward to her continued success!